

**Department of Applied Psychology**  
**The Islamia University of Bahawalpur**

**Final Term**

**Social Psychology**

**Instructor: Dr. Muhammad Saleem**

**Max. Marks: 20**

**Time Allowed: 20 minutes**

**Name: \_\_\_\_\_**

**Roll No: \_\_\_\_\_**

**Objective Type**

**Note:** This section contains multiple choice questions (MCQs). All questions carry equal marks. Please encircle the best correct option given for each MCQ. Overwriting, cutting, removing, or rubbing is not allowed.

1. The ways in which we form emotional bonds and regulate our emotions in close relationships is called  
(a) attachment styles (b) self-disclosure (c) Proximity (d) All of these
2. The combination of aptitudes that help individuals who possess them to interact effectively with others is called \_\_\_\_  
(a) social competency (b) social perception (c) social skills (d) None of these
3. Most less desirable aspect of personality is called \_\_\_\_\_.  
a) Antisocial b) Narcissism c) anxiousness d) All of these
4. Combination of passion and commitment is \_\_\_\_\_.  
a) Fatuous Love b) Romantic love c) Infatuation d) Compassionate love
5. The actions by individuals that help others, often, with no immediate benefit to the helpers is called \_\_\_\_\_.  
a) Altruism behavior b) Prosocial behavior c) Sympathetic Behavior d) All of these
6. Prosocial acts are motivated solely by the desire to help someone in need is called  
a) empathic accuracy b) emotional empathy c) empathy altruism hypothesis d) empathic concern
7. negative state relief model is introduced in \_\_\_\_\_.  
a) 1891 b) 1981 c) 1921 d) 1918
8. Helpers usually enjoy the positive reaction shown by others whom they help, the phenomenon is called  
a) empathic accuracy b) emotional empathy c) empathic joy d) empathy altruism hypothesis
9. To help those people who do not belong to their ingroup, as a means of diffusing status threats from them is called  
a) altruism b) defensive helping c) prosocial behavior d) sympathetic behavior
10. Humans are not born with array of aggressive responses but they acquire it from complex forms of social behavior is indicated by  
a) Freudians b) social learning theorists c) behaviorists d) rationalist
11. General aggression model is given by.....  
a) Anderson b) Bushman c) Anderson and Bushman d) none of these
12. the use of information and communication technologies such as email, cellphones as a means of engaging in hostile behavior that is intended to harm others is called -----  
a) bullying b) electronic bullying c) cyberbullying d) both b and c
13. A process in which entrepreneurs use the money contributed to set up and then run their companies \_\_\_\_\_.  
a) crowdfunding b) pluralistic ignorance c) elation d) none of these
14. Being excluded or rejected by others can encourage \_\_\_\_\_.  
a) frustration b) aggression c) impulsivity d) anxiety
15. Playing violent games let people enjoy the feelings of \_\_\_\_\_.  
a) aggression b) frustration c) mastery d) all of these
16. The effects of all types of media violence involves \_\_\_\_\_.  
a) aggression b) satisfaction c) desensitization d) none of these
17. The minor annoyances of daily life are termed as \_\_\_\_\_.  
a) hassles b) stressors c) adversity d) none of these.
18. Deci and Ryan presented \_\_\_\_\_.  
a) Balance theory b) Self-Determination theory c) Drive theories of aggression d) none of these
19. when an individual give vent to their anger in non-harmful ways, that is called \_\_\_\_\_.  
a) altruism b) catharsis c) praxis d) blow-off
20. \_\_\_\_\_ is the intentional infliction of harm on others.  
a) aggression b) suppression c) violence d) bullying

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**Essay type question**

1. How we can foster happiness in our lives? Discuss in detail. (7.5).
2. Write a detailed note on empathy-altruism. (7.5)

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**Time Allowed: 40 minutes**

**Name:** \_\_\_\_\_

**Roll No:** \_\_\_\_\_

**Short Questions**

1. Define unrequited love.
2. Define general aggression model.
3. What are the situational determinants of aggression?
4. Define optimum level of well-being theory.
5. What are the benefits of happiness?
6. Define PTSD.
7. Define Kin selection theory.